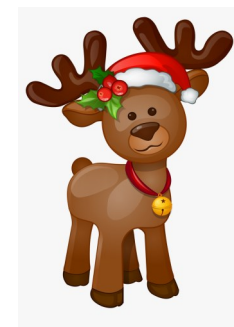






The Village at Heritage Point Calendar of Activities December 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>All Activities are a Maximum of a Hour long unless otherwise notified</p>					<p>1</p> <p>9:00-9:30 Simple seated stretch 2L</p> <p>10:00 Catholic Communion 2L</p> <p>11:00 AM Episcopalian Lutheran Service 2L</p> <p>10-12 Retiree's Book Club AC</p> <p>1:30 Employee Appreciation Party FL/GR</p> <p>3:00-4:30 Wine Buds AC</p> <p>7:00 PM WVU Men's Basketball vs. St. John's GR/2L</p>	<p>2</p> <p>10:00 Chair Dancing with Barbara GR</p> <p>11:00 Beginning Acrylic Painting Fun with Friends AC</p> <p>2:00 Holiday Music with Michael Adams 2L</p> <p>6:00 Movie Night GR/2L</p>
<p>3</p> <p>8:30 Trans. to Suncrest Methodist FL</p> <p>9:00 Inspirational Church Services Channel 5</p> <p>2:00 Sunday Matinee GR/2L</p> <p>6:00 A Holly Jolly Visit from Voodoo the Great Dane 2L</p> 	<p>4</p> <p><u>National Sock Day - Wear Your Festive Socks!</u></p> <p>9:00 Here's to Your Health Balance Program GR</p> <p>9:00-9:30 Simple seated stretch 2L</p> <p>10:00 AM Gabe's Holiday Shopping Trip!</p> <p>1:30-2:30 Bible Study GR</p> <p>3:00 Line Dancing AC</p> <p>3:30 National Cookie Day - Let's Exchange Cookies GR</p> <p>6:00 Rebecca Schmidt and Friends Holiday Show FL</p>	<p>5</p> <p>9:00-9:30 Simple seated stretch 2L</p> <p>10:00 Tai Chi GR</p> <p>11:00 Holiday Caroling with Holy Family Home Schoolers FL</p> <p>1:00 PM Old Kroger's</p> <p>6:00 Saxophone Performance by Gary Schlobohm FL</p>	<p>6</p> <p><u>Ugly Sweater Day! Wear Your Festive Sweater!</u></p> <p>9:00 Here's to Your Health Balance Program GR</p> <p>9:00-9:30 Simple seated stretch 2L</p> <p>10:00 Coffee/Donuts C</p> <p>11:00 Doreen L. Seamon, Attorney – Seamon Law Offices, PLLC Topic: Plan - Protect - Probate: Important estate planning tips for Seniors GR</p> <p>1:00 Hot Chocolate and Ugly Sweater Fun with Ashley GR</p> <p>2:00 Marketing Meeting AC</p> <p>3:00 Outreach Committee Meeting AC</p> <p>9:00 PM WVU Men's Basketball vs Pitt GR/2L</p>	<p>7</p> <p>9:00-9:30 Simple seated stretch 2L</p> <p>10:00 Tai Chi GR</p> <p>11:00 Holiday Craft (Pinecone Christmas Trees) with Sydney AC</p> <p>12:30 Village Bridge GR</p> <p>2:00 Eggnog Tasting C</p> <p>3:00 Bingo 2L</p> <p>6:00 Movie GR/2L</p>	<p>8</p> <p>9:00 Here's to Your Health Balance Program GR</p> <p>9:00-9:30 Simple seated stretch 2L</p> <p>10:00 AM Episcopalian Lutheran Service GC</p> <p>10:00 St. John University Parish with Father Szabo AC</p> <p>1:00 Card Making with Carla AC</p> <p>2:00 Guitar and Ukulele Holiday Music by Elizabeth Schiffbauer GR</p> <p>3:00-4:30 Wine Buds AC</p> <p>6:00 Movie Night GR/2L</p>	<p>9</p> <p>10:00 Chair Dancing with Barbara GR</p> <p>11:00 Beginning Acrylic Painting Fun with Friends AC</p> <p>12:15 PM Short Holiday Caroling with WVU Cellists - Outside the Suites Dining Hall during lunch</p> <p>12:30 PM Short Holiday Caroling with WVU Cellists - Outside The Independent Living Dining Hall during lunch</p> <p>4:00 PM WVU Men's Basketball vs Drexel GR/2L</p>
<p>10</p> <p>8:30 Trans. to Suncrest Methodist FL</p> <p>9:00 Inspirational Church Services Channel 5</p> <p>2:00 Sunday Matinee GR/2L</p>	<p>11</p> <p>9:00 Here's to Your Health Balance Program GR</p> <p>9:00-9:30 Simple seated stretch 2L</p> <p>1:00 Activity Committee Meeting AC</p> <p>1:30-2:30 Bible Study GR</p> <p>3:00 Holiday Trivia with Ashley GR</p> <p>3:00 Line Dancing AC</p> <p>6:00 Christmas and Winter Jam with WVU Med Student Music Outreach FL</p>	<p>12</p> <p>9:00-9:30 Simple seated stretch 2L</p> <p>9:30 AM Phipps Holiday Show in Pittsburgh, PA</p> <p>10:00 Tai Chi GR</p> <p>6:00 Great Decisions Program GR</p> 	<p>13</p> <p>9:00 Here's to Your Health Balance Program GR</p> <p>9:00-9:30 Simple seated stretch 2L</p> <p>10:00 Coffee/Donuts C</p> <p>11:30 Lounge Talk - Holiday Reminiscing 2L</p> <p>12:30 Village Bridge GR</p> <p>2:00 Holiday Craft with Tracey AC</p> <p>6:00 Movie GR/2L</p>	<p>14</p> <p>9:00-9:30 Simple seated stretch 2L</p> <p>9:30 AM Suncrest Kroger's</p> <p>10:00 Tai Chi AC</p> <p>2:00 Mon Docs 101-Shanece Forge - Topic Winter Blues GR</p> <p>6:00 Motown Strutters Holiday Performance GR</p>	<p>15</p> <p>9:00 Here's to Your Health Balance Program GR</p> <p>9:00-9:30 Simple seated stretch 2L</p> <p>10:00 AM Episcopalian Lutheran Service GC</p> <p>10:00 Catholic Communion GR</p> <p>11:00 Ikebana Flower Arranging Class AC</p> <p>1:00 Tis the Season Trivia with Jacob from Interim GR</p> <p>2:00-3:00 Book Club GC</p> <p>2:00 Bingo 2L</p> <p>3:00-4:30 Wine Buds AC</p> <p>6:00 Movie Night GR/2L</p>	<p>16</p> <p>10:00 Chair Dancing with Barbara GR</p> <p>11:00 Beginning Acrylic Painting Fun with Friends AC</p> <p>2:00 Holiday Hits with Roger the Village Cowboy 2L</p> <p>6:30 PM WVU Men's Basketball vs Massachusetts GR/2L</p>



The Village at Heritage Point Calendar of Activities December 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17 8:30 Trans. to Suncrest Methodist FL 9:00 Inspirational Church Services Channel 5 2:00 Sunday Matinee GR/2L 6:00 Holiday Tunes with Michael Adams 2L 	18 9:00 Here's to Your Health Balance Program GR 9:00-9:30 Simple seated stretch 2L 9:30 AM Oglebay Resort for Lunch and to see the Holiday Decorations 1:30-2:30 Bible Study GR 3:00 Line Dancing AC 6:00 Holiday program by Tutti i Klarinetti Clarinet Ensemble FL	19 9:00-9:30 Simple seated stretch 2L 9:30 AM Holiday Shopping at Target FL 10:00 Tai Chi GR 1:00-2:00 Food Committee Meeting AC 2:00 Mercy Church Caroling - Join in for the some Holiday Cheer! GR 6:00 Movie Night GR/2L	20 9:00 Here's to Your Health Balance Program GR 9:00-9:30 Simple seated stretch 2L 10:00 Coffee/Donuts C 10:00 Holiday Caroling with Suncrest Elementary 4th and 5th Grade Choir FL 1:00 Left, Right Night Before Christmas Game GR 3:00 Resident Council AC 7:00 PM WVU Men's Basketball vs. Radford GR/2L	21 9:00-9:30 Simple seated stretch 2L 10:00 Tai Chi GR 11:00 Card Making with Carla AC 3:00 Holiday Cookie Decorating with Amedisys AC 5:30 PM Christmas Lights at Morris Park 	22 9:00 Here's to Your Health Balance Program GR 9:00-9:30 Simple seated stretch 2L 10:00 AM Episcopal Lutheran Service GC 10:00 Catholic Communion AC 11:00 Holiday Craft with Tracey AC 2:00 Bingo 2L 3:00-4:30 Wine Buds AC 6:00 Movie Night GR/2L	23 10:00 Chair Dancing with Barbara GR 11:00 Beginning Acrylic Painting Fun with Friends AC 1:00 PM WVU Men's Basketball vs. Toledo GR/2L
24 8:30 Trans. to Suncrest Methodist FL 9:00 Inspirational Church Services Channel 5 12-2 Christmas Buffet GR 6:00 Movie GR/2L	25 12-2 Resident Christmas Pot Luck  6:00 Movie Night GR/2L	26 9:00-9:30 Simple seated stretch 2L 2:00 Bingo 2L 6:00 Movie Night GR/2L	27 9:00 Here's to Your Health Balance Program GR 9:00-9:30 Simple seated stretch 2L 9:30 AM Price Cutter Grocery Shopping Trip 10:00 Coffee/Donuts C 1:00 New Year Trivia GR 2:00 Resident Birthday Party GR 6:00 Sherry Carr Accordion Holiday Music Performance GR	28 9:00-9:30 Simple seated stretch 2L 11:00 AM Let's Celebrate! Last Lunch Outing of the Year at Oliverio's Ristorante On The Wharf 7:00 Harp Concert FL 	29 9:00 Here's to Your Health Balance Program GR 9:00-9:30 Simple seated stretch 2L 10:00 AM Episcopal Lutheran Service GC 10:00 Catholic Communion AC 1:00 Come Toast in the New Year with Ashley and Tracey C/AC 2:00 Rocking out the Old and Rocking in the New Year with Pam and Barry GR 3:00-4:30 Wine Buds AC 6:00 Movie Night GR/2L	30 10:00 Chair Dancing with Barbara GR 11:00 Beginning Acrylic Painting Fun with Friends AC 2:00 A New Year with Roger the Village Cowboy (Music) 2L 7:00 PM WVU Men's Basketball vs. Ohio State GR/2L
31 8:30 Trans. to Suncrest Methodist FL 9:00 Inspirational Church Services Channel 5 12-2 New Year's Eve Buffet GR 6:00 Movie GR/2L						

Location Key

FL-Front Lobby GR-Great Room AC-Arts & Crafts Room C-Café
GC-Game & Card Rm. L-Library SP-Suites Patio SL-Suites Lobby
SA-Suites Activity 2L-Suites 2nd Floor Lounge
EL-Elevator Lobby FR-Fitness Room WO-Wellness Office

**Calendar
is Subject
to Change!**



For more information contact:
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Tracey Gregor - Life Enrichment Specialist 304-285-1250
1 Heritage Point Morgantown, WV 26505 www.heritage-point.com

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